



21 READE PLACE
ASC, LLC

TRILYTE/GOLYTELY PREP (SPLIT DOSE)

Purchase Golytely/Trilyte (prescription) and (4) four Dulcolax (Bisacodyl) tablets at your pharmacy. Follow these instructions on the day prior to your procedure.

Step One: On the day of your appointment, someone must accompany you to the office or hospital.

Step Two: If you have a colostomy please bring an extra stoma bag. If you are diabetic, please check with your physician regarding insulin and oral diabetic medication regimen.

Step Three: If you require antibiotics before going to the dentist or for a heart murmur, valvular disease or joint replacement, please inform us.

DAY BEFORE YOUR COLONOSCOPY **DATE:** _____

1. Start drinking CLEAR LIQUIDS all day long. See list provided. You may have hard candy. **No solid food.**
2. In the morning, mix the solution (according to kit instructions) and refrigerate. Do not add any other flavoring except one of the flavor packets provided with the kit
3. At 3:00pm take the 2 (two) Dulcolax (Bisacodyl) tablets with water.
4. At 5pm complete steps A and B below:
 - A. Drink (4) 8oz glasses of solution and refrigerate the remainder for the following day. Try to drink the solution quickly (ice and a straw may be helpful).
 - B. When Solution is finished, maintain a CLEAR liquid diet until bedtime, at least (3) additional 8oz glasses.
5. At 7:00pm, take (2) two Dulcolax (Bisacodyl) tablets.
6. Nothing to eat or drink after midnight EXCEPT for the instructions below.

DAY OF YOUR COLONOSCOPY

DATE: _____ **TIME:** _____

Six (6) hours prior to your scheduled arrival time follow instructions below:

- A. Drink an additional (4) 8oz glasses of solution. Discard the remainder.
- B. You may have clear fluids up till 4 hours prior to your procedure, **TIME:** _____
- C. Nothing to eat or drink after that.

**If your procedure is scheduled between
7am and 11am ONLY you will
take the second prep dose @ 10pm
the night before.**

If you experience severe pain or vomiting with the preparation, please call 845-454-0222
Nothing to eat or drink after midnight for procedures in the hospital. Please follow
specific instructions for office procedures.