



**BRIDGEVIEW  
ENDOSCOPY**  
CENTER, LLC

21 Reade Place ASC, LLC

## **CLEAR LIQUID DIET INSTRUCTIONS**

### **Water**

**Clear broth (beef, chicken or vegetable)**

**Bouillon (beef, chicken or vegetable)**

**Soda (cola or clear, diet or regular)**

**Gatorade (NO PURPLE, RED or ORANGE)**

**Clear Fruit juice (apple, white grape, white cranberry)**

**Popsicles (NO PURPLE, RED or ORANGE)**

**Jell-o (NO PURPLE, RED or ORANGE)**

**Sorbet or Italian ice (NO PURPLE, RED or ORANGE)**

**Coffee or tea (NO MILK, CREAM or DAIRY SUBSTITUTES)**

### **NO SOLID FOODS**

**NO PURPLE, RED OR ORANGE COLORS**

**NO MILK, CREAM OR DAIRY SUBSTITUTES**